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Bag of Dreams

by Kim Hogue, CDA

Here's a perfect tote bag to hold a hand-painted journal! Carry it wherever you go to write down your creative goals, dreams, thoughts, and ideas.



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Supplies

- **Loew-Cornell**
Totally You Black Tote, Small, #LNB08-0303 (11" x 9" x 3")
Woodsies: 3/4" Circle (one), 1-1/4" Circle (one), 2" Teardrop (eight)
- **Bear With Us**
Round Button, wooden, #1044 (5/8")—four
Round Button, wooden, #1045 (1/2")—one
- **DecoArt Americana Acrylic Paints:**
Antique Gold, Cadmium Yellow, Citron Green, Coral Blush, Espresso, Hauser Light Green, Plantation Pine, Plum, Primary Red, Sand
- **Loew-Cornell**
White Nylon #1 round (Series 795) use to basecoat; #2, #4, and #6 shader (Series 796) use to basecoat
Fabric Dye #2, #4, and #6 round (Series FAB)
- **La Corneille Golden Taklon Jackie**
Shaw #10/0 liner (Series JS), 1/2" and 3/4" wash/glaze brush (Series 7550)
1" Sponge Roller, #1023594
Brush Tub #383, or Brush Tub II, #384
Double Ended Stylus (DES)
Grey Transfer Paper, #C101-1
Palette Paper, #398
Sanding Pad, #1023595
Sanding Sticks, #12359
Sponge Brush Set (1"), #1132
White Transfer Paper, #C102-1
- **DecoArt**
Acrylic Sealer/Finisher, Matte (spray)
Fabric Painting Medium
Wood Sealer
- **Aleene's Super Thick Tacky Glue**
- **Sakura I Denti-pen Permanent Marker, Black**
- **Miscellaneous:** #2 pencil, black embroidery floss, cream thread (optional), cream twill ribbon, 1" wide (34" length), duck cloth (5-1/4" x 6")*, felt circle (1-1/2"), paper towels, pin back (metal circle with prongs)—one, quilting needle (wide eye), sanding disc, scissors, sewing machine (optional), straight pins (used to hold pattern into position on bag and duck cloth), tracing paper

*Purchased at Jo-Ann Fabric & Craft Stores.

To purchase a kit to make this project, go to: www.heavenlyheartcreations.com to check for availability.

Techniques

• **Using a sponge roller.** To use the sponge roller, slightly moisten the roller with water and squeeze out any excess water. Pour the basecoat color onto your palette, and roll the brush back and forth to fully load. Place the roller on the surface, and roll in different directions until you feel the paint pull; remember to work out all the bubbles. Run your hand over the surface. You should feel an eggshell texture. You do not want to work on a bumpy or rough surface. Lightly sand, if needed. Repeat the process until you have good coverage. On the last coat, roll and pull in one direction to smooth out any ridges. Always roll with a very light touch to help eliminate bubbles. If you bear down too hard as you apply the paint, you might scratch the surface with the plastic roller brush holder. With a rolled surface, your initial basecoat will take less application of paint. Practice and enjoy the method.

• **Scumble (same as drybrushing).** Note: When scumbling on fabric, it is fine to carry a little medium in your brush. Use a dry (no water in brush) Fabric Dye round for scumbling. Should the brush become wet, squeeze out all traces of water between a paper towel. Any moisture in the brush will create a "hole" in the paint as you start to scumble. Pick up the designated color on your brush, and then work it out on your palette until there is very little left in the bristles. As you apply the paint, do not hold the brush straight up and down, or you will create a polka-dot effect. Instead, lay your brush parallel to the surface, and lightly rub back and forth until you achieve the correct lightness or darkness.

• **Distressing/sanding.** Allow an area to dry, and then take the sanding disc (or stick) and sand with pressure until you achieve the desired look. If you have a hard time removing the paint, slightly moisten the area with a wet paper towel and proceed with the sanding. Remove

as much paint as you want. With distressing, you will achieve texture, additional accents, and value changes. Distressing eliminates having to add a lot of shading, highlights, and details.

Prep

1. Sand all Woodsies and buttons with the sanding disc, and then wipe with a damp paper towel.

2. It is optional and not necessary to apply wood sealer to the teardrops (flower petals) and buttons. If you select to do so, use a sponge brush to apply one good coat of wood sealer to all surfaces, and let dry thoroughly. Sand again lightly.

3. Using the sponge roller, base all wooden teardrops with Sand. Make sure to base both sides (helps eliminate warping).

4. Base the 1-1/4" wooden circle with a light basecoat of Cadmium Yellow. Base the 3/4" circle Plum. Base the 1/2" button with Sand and the 5/8" buttons as follows: one with Coral Blush, one with Plum, and two with Primary Red.

5. Trace patterns onto tracing paper. Position the pattern on the tote, and pin to secure. Slip white transfer paper beneath tracing, and then use the stylus to transfer the stem and leaves to the tote. Position the pattern on the duck cloth, and pin to secure. Transfer the basic pattern using grey transfer paper. Transfer pattern details as needed.

Paint

Note: Please read all instructions thoroughly before beginning this project. Refer to color photo, pattern, and Value Placement Guide to help guide you when applying shading, highlights, and details.

Stem and leaves

Note: If you intend on washing your painted tote bag, it will be necessary to work Fabric Painting Medium into your base-coating, shading, and highlighting colors. If you need to rinse your brush in

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water, dry your brush thoroughly before proceeding to the next color.

1. Squeeze small puddles of the following colors onto your palette: Hauser Light Green, Citron Green, Cadmium Yellow, and Coral Blush. Squeeze a nickel-size amount of Fabric Painting Medium onto your palette.

2. Use a #2 or #4 Fabric Dye round brush for this step. Dip the brush into the Fabric Painting Medium, and then dip into Hauser Light Green and Citron Green. Work in a circular motion on your palette until the Fabric Painting Medium and paint are worked into the brush. Base entire stem and both leaves.

3. Wipe brush well on a paper towel, pick up a tad of Fabric Painting Medium on your brush, and then dip into Cadmium Yellow. Work out well and then scumble subtle highlights on both leaves and stem. Following the same procedure, scumble tints with Coral Blush.

Note: All inking will be done after all areas are painted.

Wooden flower pin

1. Apply glue to the back side (metal circle) of the pin back, and push prongs into the felt circle. Firmly press felt circle onto backing. Fold over prongs into the felt.

2. Glue four teardrops onto the felt circle to create the flower petals. Make sure that the pin back is in the right position. Firmly press petals to secure. Glue remaining four teardrop flower petals into place. Dry thoroughly.

3. Glue the 1-1/4" circle to the center of flower. Press to secure, and dry thoroughly.

4. Apply a light coat of Coral Blush to all teardrop flower petals using the 1/2" wash brush. Let dry.

5. Use the sanding disc to sand all teardrop flower petals until you begin to see the Sand basecoat value. You want to see dark and light areas.

6. Using the #4 Fabric Dye round with Cadmium Yellow, randomly scumble

tints in the center of each teardrop flower petal.

7. Use the 3/4" wash/glaze brush with Coral Blush + a tad of Primary Red to lightly float shading against the center circle.

8. Distress all circles and buttons with the sanding disc.

9. Float a Coral Blush tint on lower left side of the 1-1/4" circle.

10. Cut a piece of black embroidery floss. Turn the 1/2" Sand button upside down, and thread floss through button-holes and tie into a bow. Cut off excess.

11. Glue the Plum circle, a 5/8" Primary Red button, and then the 1/2" Sand button onto center of flower. Make sure that the position is correct and then firmly press to secure.

Duck cloth square

Note (optional): Thread sewing machine with cream-colored thread and sew around entire cloth 1/4" in from edge (this helps to stop the cloth from unraveling too far).

Use the stylus to pull some threads around the entire cloth to produce a fringed edging.

"Create" lettering

1. Base the letters as follows: C–Plum, R–Primary Red, E–Coral Blush, A–Hauser Light Green, T–Cadmium Yellow, and E–Plum. Let dry.

2. Using a sanding stick, distress all letters to create highlights.

3. Shade letters as follows: R–Plum, A–Plantation Pine, and T–Antique Gold.

Art heart

1. Using the #6 Fabric Dye round, scumble to fill in entire heart with Coral Blush. Follow the same technique as used for "Stem and leaves" steps above. When dry, scumble with Cadmium Yellow to create a highlight in the center of the heart.

2. Scumble or float shading with Primary Red and deepen with Plum.

3. Use the #10/0 liner with Plum to paint subtle vertical stripes. If too dark, use a sanding stick (horizontally) to distress the stripes. Paint sections of the lettering for "ART" with Plum.

Buttons/stems/leaves

1. Use the #1 round with Hauser Light Green and Citron Green to base the leaves. When dry, lightly distress.

2. Float highlights with Cadmium Yellow and shading with Plantation Pine.

Note: Buttons will be attached later in design.

Palette

1. Base the palette using the #4 or #6 Fabric Dye round with Antique Gold. When dry, use a sanding stick to distress for highlights.

2. Randomly scumble Espresso (not too dark) to create worn areas on the palette. Use Espresso to float shading along back area, and deepen with Espresso + Plum.

3. Create the piles of paint on the palette as follows:

Peach: Squeeze out Coral Blush, Primary Red, and Cadmium Yellow on the palette paper. Using the #2 Fabric Dye round, dip brush into Coral Blush (good amount) and tap up and down on the "wooden" palette. Before paint dries, pick up a little Primary Red, tap into the wet paint pile on the "wooden" palette, and repeat with Cadmium Yellow. Add a little Sand, if needed. The paint pile should appear thick and choppy.

Purple: Squeeze out Plum and Sand. Starting with Plum, complete in the same manner as for the Peach puddle. Make sure that it does not get too bright.

Red: Squeeze out Primary Red, Plum, and Coral Blush. Starting with Primary Red, complete in same manner as above. Add a touch of Sand to brighten, if needed.

Green: Squeeze out Plantation Pine, Hauser Light Green, and Citron Green, and complete in the same manner as above.

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Allow to dry thoroughly.

Inking

Note: Use the black IDenti-pen for all inking.

1. *Stem and leaves.* Ink the stitch lines on both sides of the stem and center veins on leaves.

2. *Flower.* Lightly transfer lettering onto petals. Ink lettering and stitch lines.

3. *Duck cloth square.* Ink stitch lines to separate the different sections.

4. *“Create” lettering.* Ink around all the letters and ink accent lines.

5. *Art heart.* Outline the entire heart and ink squiggly lines. Ink the accents and outline letters.

6. *Button area.* Ink stitch lines to create the stem. Outline all leaves, and ink stems and center veins.

7. *Palette.* Outline to establish all the sections of the palette. Ink to create wood-graining. Loosely outline around the piles of paint.

8. *Name tag bow.* Tie a piece of plain cream twill ribbon to the handle on the back side of the tote. Cut off excess. Ink lettering for “Belongs to” and then your name.

Finish

1. Spray the wooden flower pin with several coats of matte Sealer/Finisher. Be sure to cover the pin back so that it does not get clogged. When spraying varnish, it is important (if possible) to lay your project flat to prevent any drips. Remember to always spray outdoors in a well-ventilated area, and use eye and mouth protection when using any aerosol sprays. Dry thoroughly.

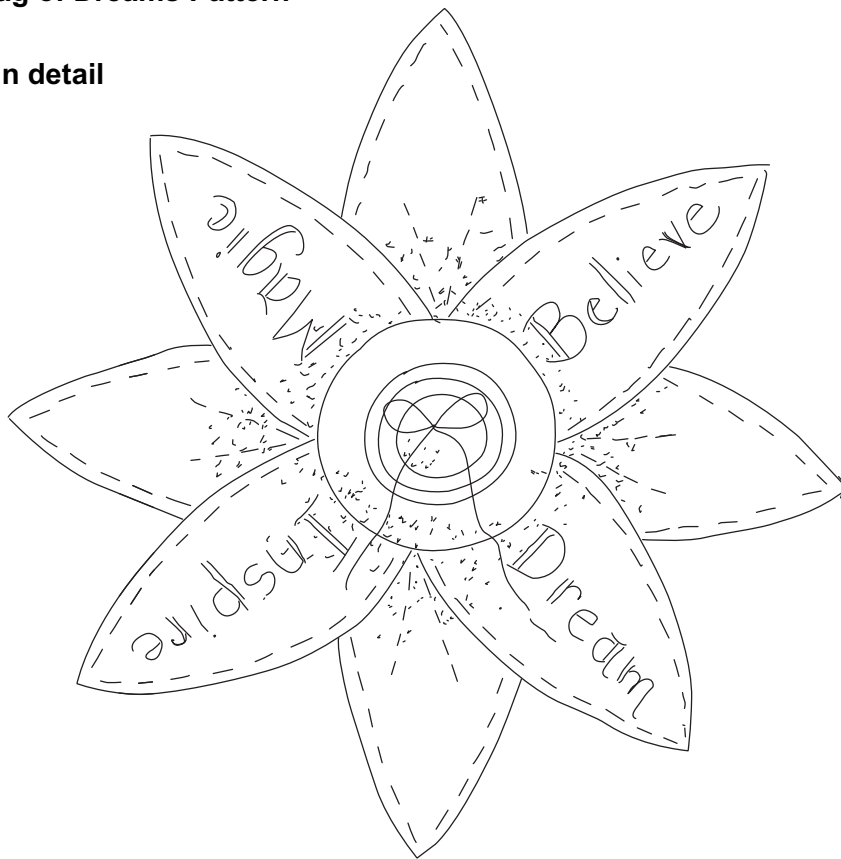
2. Take three pieces of black embroidery floss and attach buttons to duck cloth square. Make sure to bring threads to back side of cloth. Tie to secure, and cut off excess.

3. Pin the duck cloth square to the tote bag. Thread the quilting needle with black embroidery floss and make a running stitch around entire square. Make sure to

leave a long tail at the lower right corner. When stitching is complete, tie remaining thread into a bow. Cut off excess. Attach teardrop flower petal pin to the painted flower stem, and enjoy.

Bag of Dreams Pattern

Pin detail

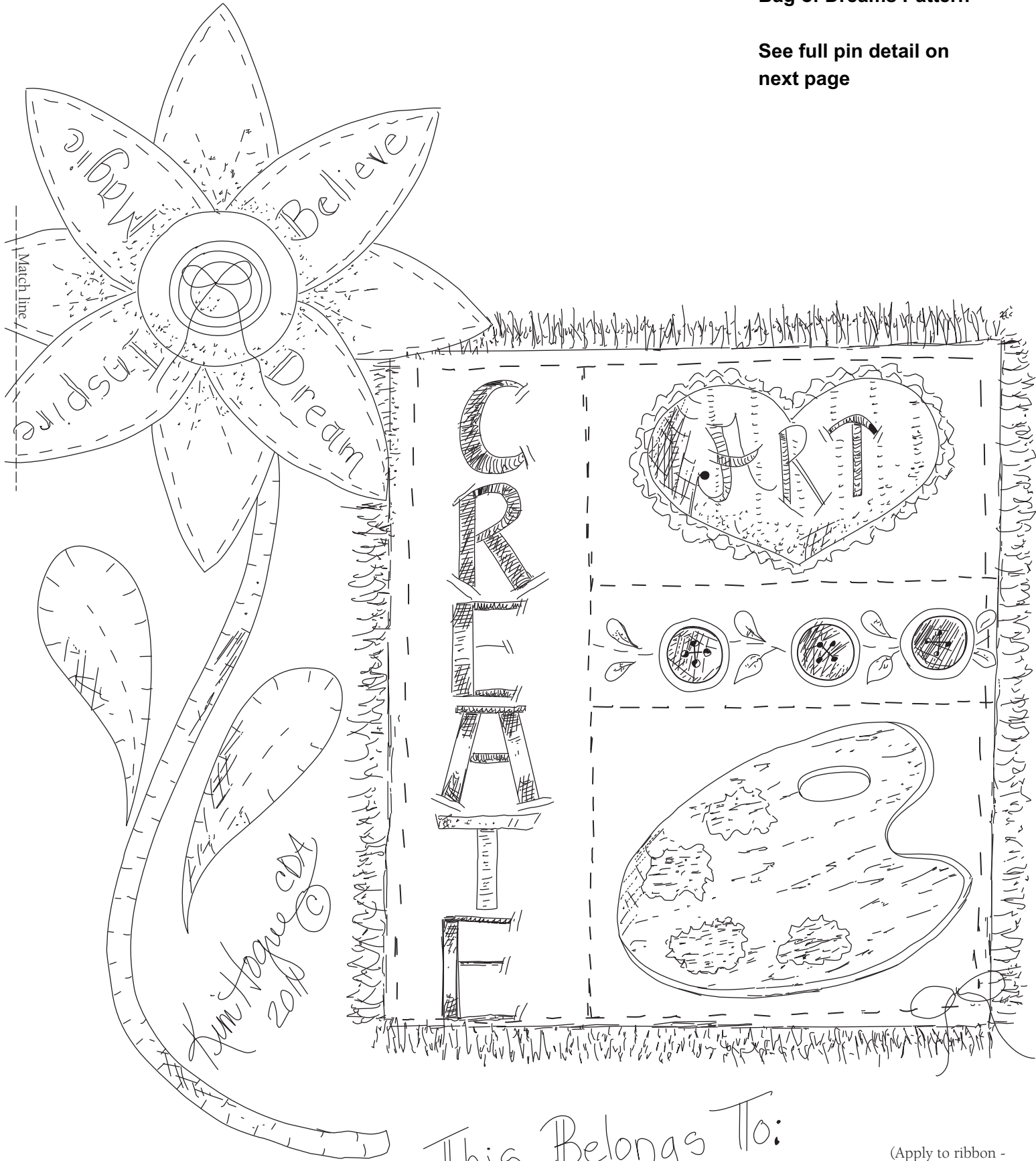


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Artist: Kim Hogue, CDA

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See full pin detail on next page



This Belongs To:
Kim Hogue, CDA

(Apply to ribbon -
personalize)

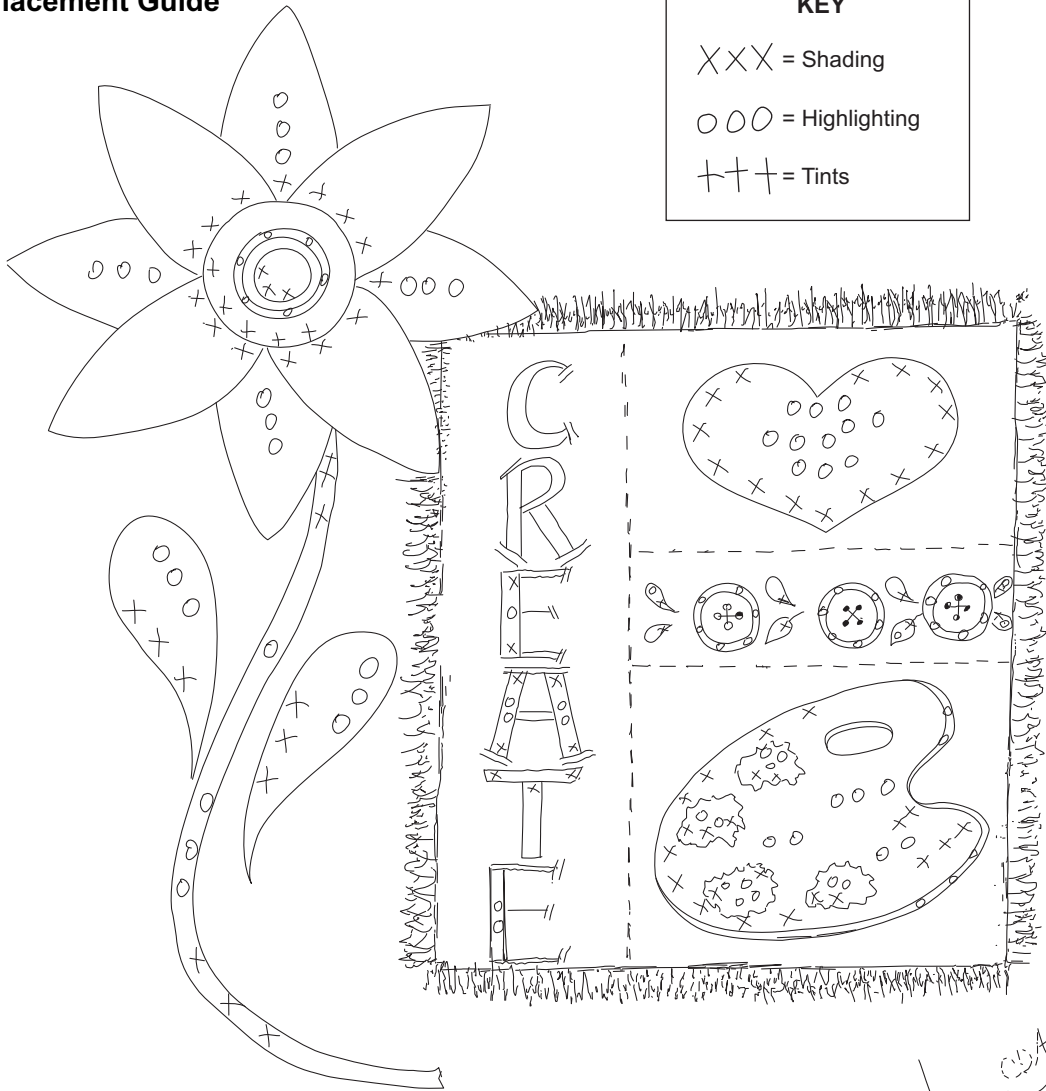
Value Placement Guide

KEY

XXX = Shading

ooo = Highlighting

+++ = Tints



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